

Rialto Unified School District

Apr 1, 2025 thru Apr 4, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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Generated on: 4/1/2025 8:26:54 AM

	Portion Size	Relmb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/01/2025														
PRESCHOOL	Total	1000												
PIZZA, Chse, Wh, Gr4X6-'23	1 EACH	1000	25	440	4.00	2.30	263.0	40	0.0	8	16.0	34.0	11.0	0.00
SALAD 3/WAY, '23	1 cup	2500	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00
BANANAS	EACH	2500	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.00
DRESSING, RANCH 1oz. '23	Servings (1 oz)	1	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	*0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average % of Calories			40	608	10.96	3.63	632.1	6352	36.54	54 31.7%	29.40 17.4%	112.51 66.5%	14.37 19.1%	*0.00 *0.0%
Nutrient Guideline				1230									<=30.0	

Wed - 04/02/2025														
PRESCHOOL	Total	1000												
CHICKEN PATTY, WG/HMSTL BUN 2015	1 EACH	900	33	648	5.00	3.80	100.0	95	87.0	3	22.0	42.0	10.0	0.00
CUCUMBER, SLICED	1/2 Cup	900	0	1	0.26	0.15	8.3	55	1.46	1	0.34	1.89	0.06	0.00
GRAPES, Fresh	Serv. (1/2 C up)	900	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.00
DRESSING, RANCH 1oz. '23	Servings (1 oz)	1	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	*0.00
CATSUP	1 oz	900	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	900	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average % of Calories			43	961	5.54	3.81	425.0	824	84.98	37 29.0%	28.77 22.8%	74.92 59.3%	11.62 20.7%	*0.00 *0.0%
Nutrient Guideline				1230									<=30.0	

Thu - 04/03/2025														
PRESCHOOL	Total	720												
Pozole, Red Turkey'22 CK	14 oz	720	26	1313	2.22	1.60	19.8	628	2.11	*1	12.02	17.28	3.9	*0.00
TORTILLA CHIPS-'24EL	Serv. (1oz)	720	0	150	1.50	0.20	16.7	2	0.0	0	1.33	15.33	8.0	0.00
CABBAGE, SHREDDED	Serv (1/2 Cu	2880	0	6	0.88	0.16	14.0	34	12.81	1	0.45	2.03	0.04	0.00
FRUIT MIX, Extra Light Sy PS	serving	2880	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0	0.0	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	720	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00

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Rialto Unified School District

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Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			41	1649	9.22	2.46	442.5	1667	55.75	*50	24.15	90.74	14.54	*0.00
% of Calories										*32.5%	15.8%	59.3%	21.4%	*0.0%
Nutrient Guideline				1230									<=30.0	

Fri - 04/04/2025														
PRESCHOOL	Total	720												
MACARONI & CHEESE 2 OG	1/2 CUP	720	39	654	2.31	1.38	409.4	446	0.01	2	10.25	16.6	12.54	*0.45
Roll, dinner, wh. wheat Galassos	1 each	720	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00
SALAD 3/WAY, '23	1 cup	720	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00
PEACHES, Diced XtraLite Syt PS	serving	720	0	5	0.00	0.00	0.0	150	0.6	0	0.0	7.0	0.0	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	720	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average			54	965	3.46	2.64	809.8	3366	6.44	18	22.90	56.28	16.05	*0.45
% of Calories										15.7%	20.1%	49.5%	31.7%	*0.9%
Nutrient Guideline				1230									<=30.0	

Weighted Average			45	1046	7.29	3.14	577.4	3052	45.93	*39	26.30	83.61	14.15	*0.11
										*63.1%	18.7%	59.5%	22.6%	*0.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Cholesterol (mg)	45							
Sodium 1 (mg)	1046		1230	85%				
Sodium 1a (mg)	1046		1110	94%				
Fiber (g)	7.29							
Iron (mg)	3.14							
Calcium (mg)	577.4							
Vitamin A (IU)	3052							
Sugars (g)	39	28.05%			Missing			
Vitamin C (mg)	45.93							
Protein (g)	26.30	18.71%						
Carbohydrate (g)	83.61	59.47%						
Total Fat (g)	14.15	22.64%	<=30.00%					
Trans Fat ¹ (g)	0.11	0.18%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 7, 2025 thru Apr 11, 2025

PRESCHOOL

Generated on: 4/2/2025 6:29:05 AM

	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/07/2025														
PRESCHOOL	Total	1000												
FISH STICKS, POLLOCK -2013	SERV.(4 sticks)	1000	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.00
CARROT, Sticks '24	1/2 Cup	1000	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.00
APPLES,Fresh	1 EACH	1800	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.00
CATSUP	1 oz	1000	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00
DRESSING, RANCH 1oz. '23	Servings (1 oz)	1	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average			70	752	10.67	1.92	445.1	10992	17.03	49	28.21	85.49	8.08	*0.00
% of Calories										38.2%	21.8%	66.1%	14.0%	*0.0%
Nutrient Guideline				1230									<=30.0	

Tue - 04/08/2025														
PRESCHOOL	Total	1000												
Bean and cheese Pupusa '24	1 each	1000	15	480	4.00	1.08	200.0	5	0.0	1	13.0	35.0	11.0	0.00
CUCUMBER, SLICED	1/2 Cup	1000	0	1	0.26	0.15	8.3	55	1.46	1	0.34	1.89	0.06	0.00
BANANAS	1 EACH	1000	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.00
DRESSING, RANCH 1oz. '23	Servings (1 oz)	1	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average			30	632	6.89	1.49	563.4	624	10.24	28	23.44	73.96	13.90	*0.00
% of Calories										22.2%	18.5%	58.3%	24.6%	*0.0%
Nutrient Guideline				1230									<=30.0	

Wed - 04/09/2025														
PRESCHOOL	Total	720												
Chicken,Orange EL	SERV	720	11	83	0.00	0.20	2.8	0	0.0	3	3.06	5.56	0.83	0.00
Noodles, Chow Mein '23	1/2 Cup	720	1	761	3.82	1.38	32.3	2288	8.68	*2	5.53	27.21	5.04	*0.00
SALAD 3/WAY, '23	1 cup	1400	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	1400	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00

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Rialto Unified School District

Apr 7, 2025 thru Apr 11, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			27	1010	5.87	2.66	417.1	7375	27.73	*51 *42.3%	20.09 16.7%	85.17 70.6%	9.07 16.9%	*0.00 *0.0%
Nutrient Guideline				1230									<=30.0	

Thu - 04/10/2025														
PRESCHOOL	Total	720												
ENCHILADA, CHICKEN 2024	Servings	720	53	347	4.02	2.13	76.2	527	12.47	*3	16.6	44.32	8.38	*0.00
BEANS, PINTO SEASONED-PS 201	1/4 CUP	720	0	108	1.85	0.66	17.3	73	1.56	*0	2.53	7.61	0.16	*0.00
FRUIT MIX, Extra Light Syrup	Serv.(1/2 C up)	720	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.0	0.00
DRESSING, RANCH 1oz. '23	Servings (1 oz)	720	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average % of Calories			75	751	6.89	2.81	462.6	1302	15.40	*34 *21.7%	28.68 18.5%	86.05 55.6%	18.66 27.1%	*0.00 *0.0%
Nutrient Guideline				1230									<=30.0	

Fri - 04/11/2025														
PRESCHOOL	Total	1000												
Penne, Alfredo, Cheesy '23	1 CUP	1000	7	202	8.52	1.03	137.6	74	0.43	*1	7.03	26.26	2.73	*0.06
BREAD, STICK	1 each	1000	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.00
JICAMA STICKS PS	Serving	1000	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0	0.0	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1000	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average % of Calories			22	447	13.01	2.82	497.6	632	130.03	*23 *21.2%	17.02 16.0%	66.15 62.1%	8.20 17.3%	*0.06 *0.1%
Nutrient Guideline				1230									<=30.0	

Weighted Average			45	718	8.66	2.34	477.2	4185	40.09	*37 *65.1%	23.49 18.4%	79.36 62.2%	11.58 20.4%	*0.01 *0.0%
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Base Menu Spreadsheet

Portion Values - Detailed

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Apr 7, 2025 thru Apr 11, 2025

PRESCHOOL

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)							
Cholesterol (mg)	45														
Sodium 1 (mg)	718		1230	58%											
Sodium 1a (mg)	718		1110	65%											
Fiber (g)	8.66														
Iron (mg)	2.34														
Calcium (mg)	477.2														
Vitamin A (IU)	4185														
Sugars (g)	37	28.94%			Missing										
Vitamin C (mg)	40.09														
Protein (g)	23.49	18.40%													
Carbohydrate (g)	79.36	62.16%													
Total Fat (g)	11.58	20.41%	<=30.00%												
Trans Fat ¹ (g)	0.01	0.02%			Missing										

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Apr 14, 2025 thru Apr 18, 2025

PRESCHOOL

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	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat' (g)
Mon - 04/14/2025														
PRESCHOOL	Total	720												
Ch-Burger w/WhWheat Bun-2015EL	1 EACH	720	46	730	3.40	3.23	166.0	163	0.0	5	22.09	31.5	10.3	*0.00
BARBECUE BEANS -2018 PS	Servings	720	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	0.31	*0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	720	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00
CATSUP	.5 oz	720	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average			61	1425	8.83	4.50	560.2	956	125.05	*33	35.29	80.91	13.13	*0.00
% of Calories										*23.3%	25.1%	57.4%	21.0%	*0.0%
Nutrient Guideline				1230									<=30.0	

Tue - 04/15/2025														
PRESCHOOL	Total	720												
Popcorn Chicken-Wh.Grain 2021	Serving	720	47	400	2.00	0.36	160.0	112	1.0	1	14.0	13.0	11.0	0.00
POTATOES, Baked MASHED '23	1/4 CUP	720	0	6	1.50	0.98	15.0	1	6.45	*N/A*	2.43	20.51	0.09	0.00
TANGERINES,FRESH	Serving	720	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average			62	559	6.52	1.59	587.2	1757	52.30	*33	26.79	69.92	14.11	0.00
% of Calories										*25.9%	21.2%	55.3%	25.1%	0.0%
Nutrient Guideline				1230									<=30.0	

Wed - 04/16/2025														
PRESCHOOL	Total	720												
BURRITO,TKY BEAN & CHSE-2022	SERVING	720	42	990	13.05	4.36	362.3	328	6.87	*4	24.73	60.85	18.89	*0.00
CUCUMBER, SLICED PS	serving	720	0	1	0.13	0.07	4.2	27	0.73	0	0.17	0.94	0.03	0.00
Pears, Fresh sliced PS .25 cup	serving	720	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.00
DRESSING, RANCH 1oz. '23	Servings (1 oz)	720	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	720	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average			64	1281	14.30	4.52	738.7	865	9.27	*22	34.57	83.24	29.08	*0.00
% of Calories										*12.5%	19.3%	46.6%	36.6%	*0.0%
Nutrient Guideline				1230									<=30.0	

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	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/17/2025														
PRESCHOOL	Total	1000												
PIZZA, Chse, Wh. Gr4X6-'23	1 EACH	1000	25	440	4.00	2.30	263.0	40	0.0	8	16.0	34.0	11.0	0.00
JICAMA STICKS PS	Serving	1000	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0	0.0	0.00
STRAWBERRIES, FRESH	Serving	2500	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.00
DRESSING, RANCH 1oz. '23	Servings (1 oz)	500	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	*0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average			43	662	9.11	3.23	651.3	565	111.92	32	26.48	65.88	17.84	*0.00
% of Calories										24.2%	20.2%	50.2%	30.6%	*0.0%
Nutrient Guideline				1230									<=30.0	

Fri - 04/18/2025														
PRESCHOOL	Total	1000												
RAVIOLI, WG CHEESE-'24	Serving	1000	77	856	4.36	3.86	321.1	908	13.06	*6	23.09	44.89	9.37	*0.00
BREAD, STICK	1 each	1000	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.00
CARROT PS, sticks	Serving	1000	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	1000	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00
DRESSING, RANCH 1oz. '23	Servings (1 oz)	1000	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	*0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average			99	1241	7.38	5.49	700.2	1465	136.82	*28	33.64	83.89	22.46	*0.00
% of Calories										*16.7%	20.3%	50.7%	30.6%	*0.0%
Nutrient Guideline				1230									<=30.0	

Weighted Average			66	1034	9.23	3.86	647.5	1122	87.07	*29	31.35	76.77	19.32	*0.00
										*44.6%	21.1%	51.7%	29.3%	*0.0%

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Rialto Unified School District

Apr 14, 2025 thru Apr 18, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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		Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)							
Cholesterol (mg)	66														
Sodium 1 (mg)	1034		1230	84%											
Sodium 1a (mg)	1034		1110	93%											
Fiber (g)	9.23														
Iron (mg)	3.86														
Calcium (mg)	647.5														
Vitamin A (IU)	1122														
Sugars (g)	29	19.83%			Missing										
Vitamin C (mg)	87.07														
Protein (g)	31.35	21.11%													
Carbohydrate (g)	76.77	51.70%													
Total Fat (g)	19.32	29.28%	<=30.00%												
Trans Fat ¹ (g)	0.00	0.00%			Missing										

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 21, 2025 thru Apr 25, 2025

PRESCHOOL

Generated on: 4/2/2025 6:31:22 AM

	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	Tr-Fat ¹ (g)
Mon - 04/21/2025													
PRESCHOOL	Total	1000											
TACO Walkin, Beef, - '24	Serving	1000	62	781	4.42	2.51	279.6	1098	6.24	*3	20.84	30.83	*0.00
TOMATOES, GRAPE-PZ	1/4 Cup	1000	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45	0.00
APPLES, Fresh sliced	pkg. (2oz)	1000	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.00
DRESSING, RANCH 1oz. '23	Servings (1o	1	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	*0.00
MILK, 1% DW 2024	EACH(1/2 p int)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	0.00
Weighted Daily Average % of Calories			77	933	6.87	2.79	643.3	1957	134.94	*24 *14.3%	30.17 18.3%	54.28 33.0%	*0.00 *0.0%
Nutrient Guideline				1230									

Tue - 04/22/2025													
PRESCHOOL	Total	720											
Chicken, Reptile Nuggets '25	Serving (4 e	720	30	590	3.00	1.80	20.0	100	0.0	2	13.0	16.0	0.00
BARBECUE BEANS -2018 PS	Servings	720	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	*0.00
BANANAS	1 EACH	720	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.00
CATSUP	.5 oz	720	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.00
MILK, 1% DW 2024	EACH(1/2 p int)	720	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	0.00
Weighted Daily Average % of Calories			45	1286	9.06	3.15	409.3	907	10.24	*37 *29.0%	27.30 21.7%	80.47 63.8%	*0.00 *0.0%
Nutrient Guideline				1230									

Wed - 04/23/2025													
PRESCHOOL	Total	1000											
ITALIAN PASTA BAKE 2021	servings	1100	35	680	8.89	3.06	149.6	735	11.2	*5	15.87	26.75	*0.00
Roll, dinner, wh. wheat Galassos	1 each	1000	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	0.00
Green Beans, Can-Season PS-2018	1/4 cup	1300	0	121	1.18	0.55	16.8	255	3.09	*0	0.73	3.06	*0.00
Pears, Fresh sliced PS .25 cup	serving	1300	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.00
MILK, 1% DW 2024	EACH(1/2 p int)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	0.00
Weighted Daily Average % of Calories			54	1205	13.72	5.15	588.3	1661	18.30	*26 *20.9%	30.57 24.2%	70.28 55.7%	*0.00 *0.0%
Nutrient Guideline				1230									

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Apr 21, 2025 thru Apr 25, 2025

PRESCHOOL

Generated on: 4/2/2025 6:31:22 AM

	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	Tr-Fat ¹ (g)
Thu - 04/24/2025													
PRESCHOOL	Total	720											
Chicken, Teriyaki, Yangs '22	720	720	70	330	0.00	0.72	0.0	30	0.0	6	15.0	6.0	0.00
RICE, ORIENTAL	1/4 CUP	720	0	145	0.24	0.79	7.1	1	0.28	*0	1.39	14.66	*0.00
BROCCOLI,raw: fresh	Serv. 1/2 c	720	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.00
	Veg												
ORANGE WEDGES '23	Serv (1/2 Cu	720	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.00
DRESSING, RANCH 1oz. '23	Servings (1o	1	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	*0.00
MILK,1% DW 2024	EACH(1/2 p int)	720	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	0.00
Weighted Daily Average			85	640	3.69	1.93	416.2	1021	90.60	*30	27.53	48.86	*0.00
% of Calories										*31.4%	29.1%	51.6%	*0.0%
Nutrient Guideline				1230									
Fri - 04/25/2025													
PRESCHOOL	Total	1000											
Nacho Delx W/ 3bnCHILI, chz '24	SERVING	1000	30	518	9.27	5.09	313.5	799	3.32	*2	14.99	50.89	*0.00
CARROT PS, sticks	Serving	1000	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1000	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.00
DRESSING, RANCH 1oz. '23	Servings (1o	1	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	*0.00
MILK,1% DW 2024	EACH(1/2 p int)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	0.00
Weighted Daily Average			45	668	11.27	5.27	673.6	1349	126.92	*22	23.99	72.90	*0.00
% of Calories										*14.1%	15.6%	47.4%	*0.0%
Nutrient Guideline				1230									
Weighted Average			61	946	8.92	3.66	546.1	1379	76.20	*28 *46.7%	27.91 21.0%	65.36 49.1%	*0.00 *0.0%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Apr 21, 2025 thru Apr 25, 2025

PRESCHOOL

Generated on: 4/2/2025 6:31:22 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)						
Cholesterol (mg)	61													
Sodium 1 (mg)	946		1230	77%										
Sodium 1a (mg)	946		1110	85%										
Fiber (g)	8.92													
Iron (mg)	3.66													
Calcium (mg)	546.1													
Vitamin A (IU)	1379													
Sugars (g)	28	20.74%			Missing									
Vitamin C (mg)	76.20													
Protein (g)	27.91	20.98%												
Carbohydrate (g)	65.36	49.13%												
Trans Fat ¹ (g)	0.00	0.00%			Missing									

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 28, 2025 thru Apr 30, 2025

PRESCHOOL

Generated on: 4/2/2025 6:31:39 AM

	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	Tr-Fat ¹ (g)
Mon - 04/28/2025													
PRESCHOOL	Total	1000											
TERIYAKI BEEF DUNKERS	SERVING (4each)	1100	39	382	0.60	1.60	14.0	49	0.0	9	13.6	11.7	0.00
RICE, ORIENTAL-BROWN RICE-2014	1/2 CUP	1000	1	133	1.32	0.51	2.9	1	0.44	*0	3.24	22.92	0.00
BROCCOLI, raw; fresh	Serv. 1/2 c Veg	1300	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.00
Peaches, Frozen '24	Serv(1/2 Cu	1300	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1000	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	0.00
Weighted Daily Average % of Calories			59	722	4.76	3.16	395.2	1301	262.06	*25 *18.8%	30.11 22.6%	78.28 58.9%	0.00 0.0%
Nutrient Guideline				1230									

Tue - 04/29/2025													
PRESCHOOL	Total	900											
CORN DOG, CHX '22	1 EACH	900	40	692	2.31	1.41	25.1	120	0.0	8	11.67	27.9	0.00
BEANS, BLACK SEASONED-PS 2018	1/4 CUP	500	0	162	4.75	1.34	26.0	24	2.08	*0	4.16	11.5	*0.00
BANANAS	1 EACH	900	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.00
CATSUP	.5 oz	100	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	*N/A*
MILK, 1% DW 2024	EACH(1/2 pint)	900	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	0.00
Weighted Daily Average % of Calories			55	947	7.57	2.41	394.6	698	9.94	*34 *28.0%	24.08 19.8%	71.72 59.1%	*0.00 *0.0%
Nutrient Guideline				1230									

Wed - 04/30/2025													
PRESCHOOL	Total	900											
Grinder, turkey&cheese-EI-'24	1 EACH	900	78	1049	3.00	2.45	248.1	175	0.0	3	34.54	32.68	0.16
CUCUMBER, SLICED PS	serving	500	0	1	0.13	0.07	4.2	27	0.73	0	0.17	0.94	0.00
GRAPES, Fresh	Serv.(1/2 Cu	900	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.00
DRESSING, RANCH 1oz. '23	Servings (1o	1	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	*0.00
MILK, 1% DW 2024	EACH(1/2 pint)	900	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Apr 28, 2025 thru Apr 30, 2025

PRESCHOOL

Generated on: 4/2/2025 6:31:39 AM

	Portion Size	Reimb Qty	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			93	1201	3.97	2.78	614.4	790	4.37	34 24.2%	44.26 31.9%	64.22 46.2%	*0.16 *0.3%
Nutrient Guideline				1230									

Weighted Average			69	957	5.43	2.78	468.0	930	92.12	*31 *53.0%	32.82 25.0%	71.41 54.5%	*0.05 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Cholesterol (mg)	69							
Sodium 1 (mg)	957		1230	78%				
Sodium 1a (mg)	957		1110	86%				
Fiber (g)	5.43							
Iron (mg)	2.78							
Calcium (mg)	468.0							
Vitamin A (IU)	930							
Sugars (g)	31	23.56%			Missing			
Vitamin C (mg)	92.12							
Protein (g)	32.82	25.03%						
Carbohydrate (g)	71.41	54.48%						
Trans Fat ¹ (g)	0.05	0.09%			Missing			

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